Attend our no-fee workshop!

Assertive Communication

TWO-DAY WORKSHOP

Tuesday & Wednesday

June 24 & 25, 2014

12:30 p.m. – 4:00 p.m.

Ogden Employment Center • 480 27th St. • Ogden

Don't miss this opportunity!

Participating attendees will receive a certificate of completion in Assertive Communication

- Learn communication styles
- Master the language of assertive communication
- Learn how to say "no"
- Acquire listening skills
- Become proficient in expressing thoughts and feelings
- Learn about conflict management
- Learn about assertive rights and personal rights
- Become familiar with personal power and positive affirmations

For more information:

email Sherilyn Olsen at solsen@utah.gov to sign up
or go to jobs.utah.gov

Veteran

Workforce Services • jobs.utah.gov

Equal Opportunity Employer/Program

Auxiliary aids and services are available upon request to individuals with disabilities by calling 801-526-9240. Individuals with speech or hearing impairments may call the Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.