



Mental Health Care Services

The Children's Center 801-582-5534 ext. 349
Safety Net Program for Families with Young Children
350 S. 400 E. Salt Lake City, Utah 84111

Refugee and Immigrant Center at Asian Association of Utah (RIC @ AAU)
Community Wellness Services 801-990-9481
155 S. 300 W. Salt Lake City, Utah

Utah Health and Human Rights Project (UHHR) 801-363-4596
225 S. 200 E. Suite 250 Salt Lake City, Utah 84111
UHHR provides services to refugees, asylees and immigrants who have endured severe human rights abuses, including torture, war-related trauma and human trafficking

Valley Mental Health (VMH) 801-539-7000
North Valley Mental Health, 1020 S. Main Suite 100 Salt Lake City, Utah 84101
24-Hour Crisis Care and Services 801-261-1442
Toll free 1-800-537-8739

University of Utah Outreach Team 801-587-3000

NAMI
Jacqueline Gomez-Arias 801-323-9900 jacqueline@namiut.org
Director, Outreach Coordinator

National Suicide Prevention Lifeline 1-800-273-TALK (8255)
A toll free, 24-hour service that will connect you to someone in your area



Department of Workforce Services

Equal Opportunity Employer/Program

Auxiliary aids and services are available upon request to individuals with disabilities. Call 801-526-9240. Individuals with speech or hearing impairments may call the state relay by dialing 711. Spanish Relay Utah: 1-888-346-3162.