

Workshops

April 2022

★ **Price Employment Center**
475 W. Price River Dr. • Price

Register for reserved seating.
 Walk-ins welcome.



- Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.
- No-cost workshops are open to all job seekers.
- To register, talk to your Workforce Services employment counselor or go to jobs.utah.gov and click on "Sign In" and "[my Job Search](#)" on the top right corner. It will prompt you to login or sign up for a free Job Seeker account if you don't already have one. Registration is preferred.
- Workshops start on time. Late-comers will be asked to reschedule.

Job Seeking Skills	
RESUME WRITING:	
April 4, 11, 18, 25	3:00 PM - 4:00 PM
INTERVIEWING SKILLS:	
April 7, 14, 21, 28	3:00 PM - 4:00 PM
LCT GROUP:	
April 6, 13, 20, 27	11:00 AM - 12:00 PM

RESUME WRITING: Learn to write and design a cutting-edge resume and cover letter or power up a current resume to get that interview. Receive resume cover letter examples to assist in writing and designing personal career documents.

INTERVIEWING SKILLS: Learn to be confident in an interview, research employers, market skills and answer questions to gain an edge in the interviewing process to land that job.

LCT GROUP: Learn about common stressors when looking for employment and develop coping mechanisms as stressors arise. Topics include stress management, self-esteem, self-care, working with difficult people, setting boundaries and family management while working.



Equal Opportunity Employer/Program

Auxiliary aids (accommodations) and services are available upon request to individuals with disabilities by calling 801-526-9240. Individuals who are deaf, hard of hearing, or have speech impairments may call Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.

jobs.utah.gov

