

# Workshops

## May 2022

★ **Provo Employment Center**  
**1550 N. 200 W. • Provo, UT 84604**  
**801-372-3187 - Melissa Daymont**

Register for  
reserved seating.  
Walk-ins  
welcome.



- Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.
- No-cost workshops are open to all job seekers.
- To register, talk to your Workforce Services employment counselor or go to [jobs.utah.gov](https://jobs.utah.gov) and click on "Sign In" and "[my Job Search](#)" on the top right corner. It will prompt you to login or sign up for a free Job Seeker account if you don't already have one. Registration is preferred.
- Workshops start on time. Late-comers will be asked to reschedule.

<b>Job Seeking Skills</b>	
<b>EMPLOYMENT ESSENTIALS:</b>	
May 12	1:00 PM-3:00 PM
<b>TRANSFER YOUR SKILLS TO A NEW CAREER:</b>	
May 17	10:00 AM-12:00 PM
<b>Life Skills - Finding Healthy Relationships</b>	
<b>HOW TO AVOID FALLING FOR A JERK OR JERKETTE:</b>	
May 13	9:00 AM-4:00 PM LUNCH-12:00 PM-1:00 PM
<b>PARENTING WITH LOVE AND LOGIC:</b>	
May 20	9:00 AM-4:00 PM LUNCH-12:00 PM-1:00 PM

**EMPLOYMENT ESSENTIALS:** Learn how to develop a professional targeted resume for every position that you apply for, how to ace an interview, how to have a robust profile on [jobs.utah.gov](https://jobs.utah.gov) for employers to view and how to use technology in your job search.

\*Participants are encouraged to bring their resumes.

**TRANSFER YOUR SKILLS TO A NEW CAREER:** This workshop provides tools and resources to help you identify your transferable skills and strategies for finding a new job. You will learn how to network, create a professional brand, and develop an effective marketing message.

**HOW TO AVOID FALLING FOR A JERK OR JERKETTE:** This is a program for singles of all ages. This fun, free and interactive course teaches singles what to look for in a healthy relationship and how to identify key markers of an unhealthy relationship. To register, visit <https://www.eventbrite.com/e/how-to-avoid-falling-for-a-jerk-or-jerkette-tickets-100825433586>

**PARENTING WITH LOVE AND LOGIC:** This is a well-known parenting program that teaches parents usable skills to raise responsible children and have more fun in their parenting role. Topics include teaching responsibility, ending power struggles and more. To register, visit <https://www.eventbrite.com/e/parenting-the-love-and-logic-way-tickets-100842073356>