



Resources and Services for Refugees Navigating COVID-19

Reduce Your Risk of COVID-19

Prevent illness by:

- Washing your hands often
- Avoiding contact with people who are sick
- Not touching your mouth, nose, or eyes
- Stay safe, stay home: coronavirus.utah.gov

Symptoms/Treatment

If you develop a dry cough, fever, or difficulty breathing, do NOT go to the hospital. First, call your healthcare provider about your symptoms. Your healthcare provider will advise you of what you need to do.

Call the University of Utah COVID-19 hotline before you travel to a clinic. The hotline can be reached at 801-578-0712; an interpreter will be available.587-0712.

Food and Basic Needs

Information about food assistance can be found at jobs.utah.gov/index.html.

- Visit the nearest school for meals for all children, ages 0 to 18.
- Utah Community Action Head Start Programs
 - Classes are closed until May 1
 - Free curbside pick-up meals for all children, ages 18 and younger, at 10 Head Start locations in Salt Lake and Tooele Counties.
 - For more information, visit utahca.org/head-start/.
- Utah Food Bank
 - Find your local food pantry by looking up your address on this site: utahfoodbank.org/covidresponse/.
- Utahns Against Hunger
 - Information about emergency food resources is available at uah.org/covid19.

Call or text 211 for assistance locating essential services to meet basic needs. More information is at uw.org/211/covid19-resources/?.

SNAP Benefits

- You may be eligible for SNAP if your employment was disrupted due to COVID-19
- Submit an application online to determine eligibility: at jobs.utah.gov/index.html.
- A COVID-19 and SNAP Benefits FAQ is at jobs.utah.gov/covid19/snapfaq.pdf.

Unemployment Insurance Benefits (UI)

- Information about Unemployment Insurance Benefits can be found at jobs.utah.gov/ui/home.
- If you are an employee negatively impacted by COVID-19 because you are sick or otherwise unable to go to work due to the virus, you should apply for unemployment insurance. Following your application, we will work with you to determine if you are eligible for unemployment benefits.
- A COVID-19 & Unemployment Insurance FAQ for Employees is at jobs.utah.gov/covid19/uifaqemployees.pdf.

Language Assistance

For language assistance to complete an unemployment claim:

- Call 801-526-4400
- Select option 1
- Enter the last 5 digits of your social security number
 - Or the # sign
- Select option 5
- Wait for UI representative and tell them your language

Temporary Layoff Virtual Workshop for Employees

The Temporary Layoff Virtual Workshop for Employees provides information on how to apply for unemployment insurance, what temporary financial assistance may be available and tips for finding a new job. More information can be found at jobs.utah.gov/covid19/temporarylayoffvirtualworkshop.pdf.

- To register, sign into 'my Job Search', and then find the date and time you want to sign up for in the calendar.
- Here are step-by-step instructions: jobs.utah.gov/covid19/registervirtualworkshop.pdf.

Mortgage & Rental Payment Relief

One of the purposes of last week's "CARES" stimulus legislation is to provide mortgage payment relief for those in need during this time of financial stress. It is available for anyone,

including refugees, without a federally insured mortgage who wish to forego mortgage payments without penalty. It is free. More information is at hellolender.org.

On April 1, 2020, Governor Herbert issued an Executive Order temporarily suspending evictions for residential renters who suffered a loss of wages or job loss as a result of Covid-19, or been subjected to a mandatory quarantine order by the Utah Health Department or a local health department, or tested positive for COVID-19. More information is at jobs.utah.gov/covid19/evictioneofacts.pdf.

Childcare

More information about childcare can be found at careaboutchildcare.utah.gov/.

- Check with your provider; there are recent income limit changes to help parents with child care assistance.
- To determine eligibility, submit an application for childcare assistance at jobs.utah.gov/customereducation/services/childcare/index.html.

COVID-19 & Childcare, an FAQ for Parents, is at jobs.utah.gov/covid19/ccfaqparents.pdf.

School Closures

Utah schools are dismissed until May 1 in order to help prevent the spread of COVID-19. School officials will continue to work closely with state leaders to determine when it is safe for students to return. For more information about Utah's decision to close schools, visit coronavirus.utah.gov/wp-content/uploads/School-Closures-and-Dismissals_FINAL-1.pdf.

For more general information about how the virus is impacting education, visit coronavirus.utah.gov/education/.

Salt Lake School District

School buildings and district office buildings are closed until further notice: slcschools.org/news/2019-20/coronavirus-information/.

Emergency Food Boxes

- Available Tuesday and Thursday, 9 a.m. – 12 p.m.
- Pick up at these community learning centers:
 - Rose Park Community Learning Center: 1105 West 1000 North, Salt Lake City, Utah 84116
 - Liberty Community Learning Center: 1078 South 300 East, Salt Lake City, Utah 84111
 - Glendale Community Learning Center: 1388 South 1340 West (Navajo Street), Salt Lake City, Utah 84104

Meals for Students

- Grab-and-go breakfast and lunch available from 11 a.m. – 12:30 p.m., Monday through Friday
- Visit this website for most current locations:
slcschools.org/news/2019-20/coronavirus-information/meals-for-students/

This federal food service program is open to the public. Free/reduced meal benefit status and school enrollment is not a requirement. Meals will be provided daily free of charge to all children ages 18 and younger.

Granite School District

School buildings and district office buildings are closed until further notice:
graniteschools.org/blog/2020/03/01/coronavirus-information/.

Meals for Students

- Breakfast will be available from 8 - 9 a.m.
- Lunch will be available from 11:30 a.m. - 1 p.m.
- Hunter High, West Lake Jr., Vista Elementary and Cyprus High are currently CLOSED and are not providing meals.
- Visit this website for the most update-to-date information:
graniteschools.org/blog/2020/03/23/meal-service-faqs/

Canyons School District

School buildings and district office buildings are closed until further notice:
web.canyonsdistrict.org/covid-19/.

Meals for Students

- Grab-and-go meals are available for curbside pick-up, Monday through Friday, 11:30 a.m. - 12:30 p.m.
- Visit this website for locations: web.canyonsdistrict.org/covid-19/meals/.