Verifying your **military experience** and **training**

Your military experience can help you find employment.

Your VMET Report

The Verification of Military Experience and Training (VMET) report provides a record of your military experience and training while on active duty and can assist in obtaining employment.

Eligibility Requirements:

- Service in the Army, Navy, Air Force, or Marines (Coast Guard information is not in the VMET system) AND

- Service on or after, October 1, 1990

VMET Report Website
www.dmdc.osd.mil/appj/vmet/index.jsp

We connect veterans to Utah jobs

jobs.utah.gov
Department of Workforce Services

Requesting a report

1. Common Access Card (CAC)

The CAC is a U.S. Department of Defense (DoD) smart card issued as standard identification for:

- Active duty military personnel
- Eligible contractor personnel
- State employees of the National Guard
- Other non-DoD government employees
- Reserve personnel
- Civilian employees

2. DS Logon, Level 2

This allows beneficiaries affiliated with the DoD or the VA to access several websites using a single username and password. The DS logon provides a high level of authentication assurance in situations where the CAC authentication is not available.

For information on how to request a DS logon go to http://jobs.utah.gov/jobseeker/veteran.html

DFAS myPay LoginID and Password

Defense Financing and Accounting Services (DFAS) provides payment services to the DoD. MyPay accounts are established for those individuals paid through the system and have a personal LoginID and password: https://mypay.dfas.mil/mypay.aspx

jobs.utah.gov

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