

## Important Changes about the Supplemental Nutrition Assistance Program (SNAP or Food Stamps)

Effective October 1, 2019, SNAP federal guidelines for income and deductions and benefit amounts are changing. Based on the information in your case, you may see an increase or a decrease in your SNAP benefit. Your SNAP eligibility is calculated with different deductions depending on your household's circumstances.

Effective October 1, 2019, the Standard Deduction is increasing for all households. Everyone receives a Standard Deduction. Based on this increase, you may see an increase to your SNAP benefit.

- Household size of one to three will increase from \$164 to \$167
- Household size of four will increase from \$174 to \$178
- Household size of five will increase from \$204 to \$209
- Household size of six or more will increase from \$234 to \$240

Effective October 1, 2019, the Utility allowances are changing. Higher deduction amounts may lead to an increase in SNAP benefits. A lower deduction amount may lead to a SNAP benefit decrease.

- The Standard Utility Allowance is increasing from \$360 to \$364
- The Without Heating Allowance is increasing from \$283 to \$290
- The Telephone Only Allowance is increasing from \$64 to \$71
- The Homeless Allowance is increasing from \$147.55 to \$148

Effective October 1, 2019, the income limits for SNAP are increasing. Please go to **[jobs.utah.gov/customereducation/services/foodstamps/deductions.html](https://jobs.utah.gov/customereducation/services/foodstamps/deductions.html)** on October 1 to view the new income limits. Increased income limits could mean your household is eligible for SNAP benefits. You may apply at any time online at **[jobs.utah.gov/myCase](https://jobs.utah.gov/myCase)**.



*Equal Opportunity Employer/Program* • Auxiliary aids and services are available upon request to individuals with disabilities by calling (801) 526-9240. Individuals with speech and/or hearing impairments may call the Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.

**[jobs.utah.gov](https://jobs.utah.gov)**