

Classes for Hard of Hearing People

For people who are Hard of Hearing & Late-Deafened and their Families, Co-Workers, Friends, and People who are losing their hearing

Beginning Speechreading/Lipreading – Once a week for 18 weeks, 1.5 hours each class.

Purpose: Develops better communication skills. Can be broken into two 9-weeks classes.

- ✓ Lipreading techniques
- ✓ Phonetics & homophones
- ✓ Speech cues
- ✓ Non-vocal drills
- ✓ Non-verbal communication

Advanced Speechreading/Lipreading – Once a week for 8 weeks, 2 hours each class.

Purpose: Further develop speechreading skills with short stories, improving visualization and comprehension. Pre-requisite: Beginning Speechreading

- ✓ Review phonetics, homophones, and vowels
- ✓ Use situational & visual cues
- ✓ Speechreader versus Speaker

Living with Hearing Loss – Once a week for 6 weeks, 1.5 hours each class. *Purpose:* Adjust communication patterns to improve conversation for those who have hearing loss.

- ✓ Signs, symptoms and myths associated with hearing loss
- ✓ Causes behind communication breakdowns that lead to misunderstandings
- ✓ How to effectively respond to communication breakdowns
- ✓ How to deal with the grieving process
- ✓ Being your own advocate

Hearing Aids 101: When hearing aids join the family – Once a week for 4 weeks, 1.5 hours each class. *Purpose:* To be able to make informed decisions about hearing aids.

- ✓ The expectation of hearing aids vs. the reality
- ✓ How Hearing Aids Work, Protecting Your Hearing Aids, Batteries, Troubleshooting your Hearing Aids, Telecoil
- ✓ Hearing Assistive Technology (phones, alerting devices, and personal amplification systems)
- ✓ Bluetooth technology

Tinnitus – Once a week for 4 weeks, 2 hours each class. Purpose: Increase knowledge and coping skills living with Tinnitus.

- ✓ Definition, Sounds, Causes, Cycle
- ✓ Causes of Tinnitus, Types of Hearing Loss, Various Diseases
- ✓ Evaluation for Medical Needs
- ✓ Coping Skills and resources
- ✓ Treatments to help and cope Tinnitus

Beginning Conceptually Accurate Signed English (CASE) – Once a week for 16 weeks, 2 hours each class. It is broken into two 8-weeks classes (CASE 1 and CASE 2). *Purpose:* Increase communication skills learning American Sign Language (ASL) with English syntax and grammar. The signs supplement spoken English. Slow-paced class.

- ✓ Manual Alphabets, Quantity, Questions words, People, Colors
- ✓ Adjectives, Adverbs, Verbs, Prepositions & Locations, Animals
- ✓ Time, Seasons & Weather, Food, Clothes, Thoughts & Emotions
- ✓ Health & Body, and Home & Community

Advanced Conceptually Accurate Signed English (CASE) – Once a week for 8 weeks, 2 hours each class. *Purpose:* Increase communication skills and learn the signs from American Sign Language (ASL) in English syntax and grammar. The signs supplement spoken English. Slow-paced class at an advanced level. *Pre-requisite:* Completion of CASE 1 and 2.

- ✓ Use the signs from Beginning CASE in sentences
- ✓ Learn more signs.
- ✓ Practice signs with the same handshapes
- ✓ Improve fingerspelling ability

A Conversation in Conceptually Accurate Signed English (CASE) – Once a week for 8 weeks, 1.5 hours each class. Purpose: Use what you have learned in Beginning and Advanced CASE classes in a conversational setting. *Pre-requisite:* Beginning and Advanced CASE.

- ✓ Topics given, prepare a conversation using sign before the class
- ✓ No voices to be used in class
- ✓ Learn to read others signed conversations.
- ✓ Become more comfortable filling in gaps with fingerspelling, gestures or writing as needed.

Presentations – One hour each

- Let's Talk About Hearing Loss: For hard of hearing and hearing people to better understand hearing loss and communication needs.
- Hearing Aids: A quick run down of what hearing can and can't do.
- Successful Living with Hearing Loss: Hearing Aids, Communication Adjustments & Self-Advocacy.