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UTAH'S EMPLOYMENT SUMMARY: January 2026

SALT LAKE CITY (April. 8, 2026) — Utah's nonfarm payroll employment for January 2026 increased an estimated 0.6% across the past 12 months, with the state's economy adding a cumulative 10,500 jobs since January 2025. Utah's current job count stands at 1,755,600.

January's seasonally adjusted unemployment rate is estimated at 3.8%, a 0.1% increase from December. Approximately 69,200 Utahns are unemployed. The January national unemployment rate is estimated at 4.3%, 0.1% lower than December 2025.

"Utah's job market grew more slowly than initially estimated over 2025, with the final annual job growth rate settling at 1.3%," said Ben Crabb, chief economist with the Department of Workforce Services. "While the labor market slowdown is becoming more widespread, the state's unemployment rate remains in low territory at 3.8%, and the overall job count continues to expand."

Utah's January private sector employment recorded a year-over-year expansion of 0.8%, or an 11,500-job increase. Four of the 10 major private-sector industry groups posted net year-over-year job gains. The overall gains are led by professional and business services (9,700 jobs), education and health services (5,500 jobs), and financial activities (2,400 jobs). Information (-2,100 jobs), trade, transportation and utilities (-1,700 jobs), leisure and hospitality (-900) and other services (-900 jobs) experienced year-over-year job losses.

- Additional analysis and tables at <https://jobs.utah.gov/wi/update/index.html>
- County unemployment rates for January will post on or shortly after April 13, 2026, at <https://jobs.utah.gov/wi/update/une/season.pdf>
- Statistics generated by the U.S. Bureau of Labor Statistics, Washington, D.C., modeled from monthly employer (employment) and household (unemployment) surveys.
- Listen to Chief Economist Ben Crabb's analysis of the January 2026 employment report here: soundcloud.com/utahdws/utah-employment-report-january-2026.

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Labor Market Indicators
January 2026

Utah
Employment Year-Over % Change: 0.6%
Employment # Change: 10,500
Unemployment Rate: 3.8%

United States
Employment Year-Over % Change: 0.2%
Unemployment Rate: 4.3%

Source: U.S. Bureau of Labor Statistics

Utah Nonagricultural Jobs by Industry and Components of the Labor Force

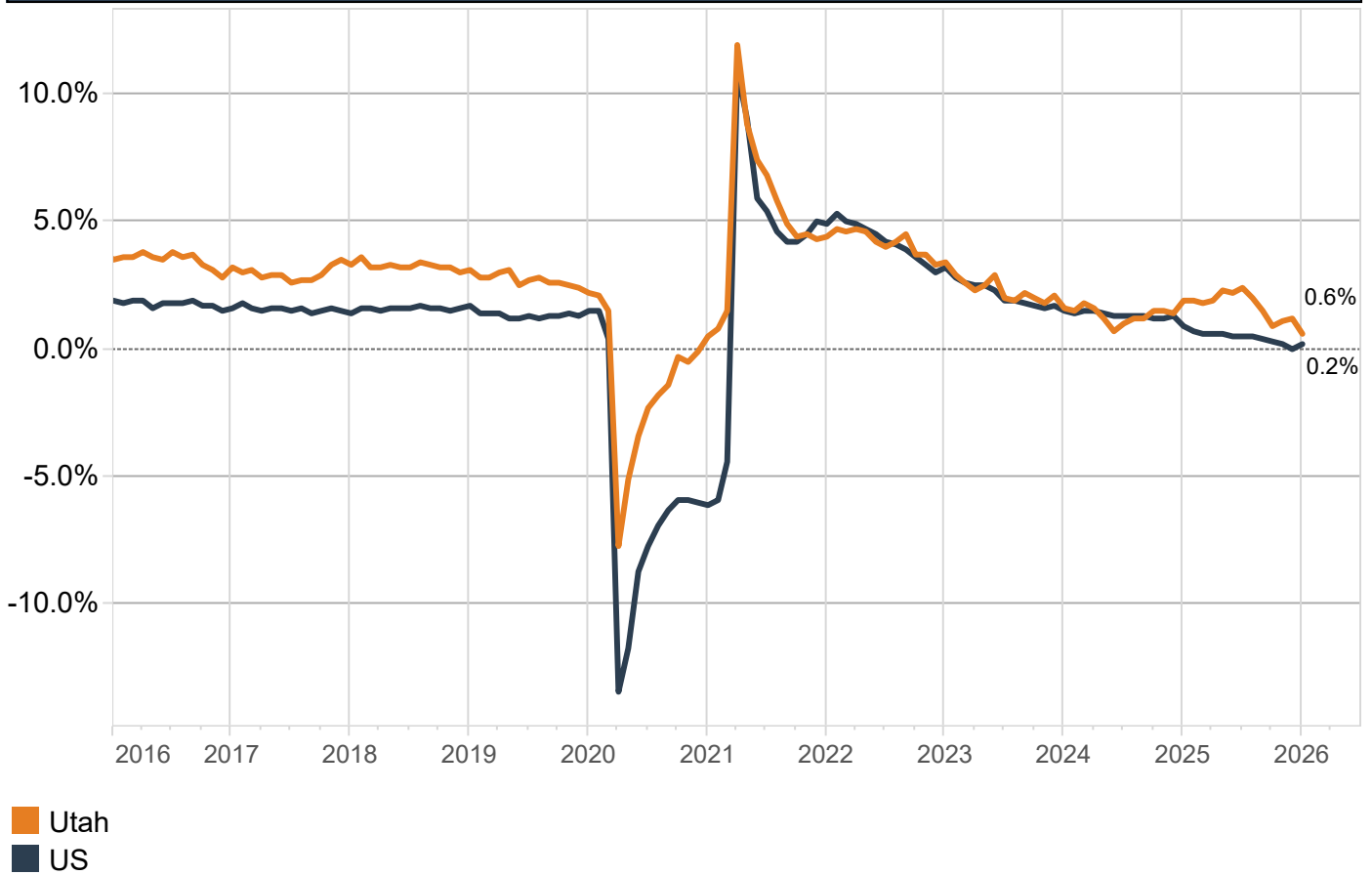
Numbers are in thousands	January (p) 2026	January 2025	Percentage Change	December (r) 2025	December 2024	Percentage Change
CIVILIAN LABOR FORCE (seasonally-adjusted)	1,844.1	1,836.0	0.4	1,845.2	1,834.7	0.6
Employed	1,774.9	1,744.6	1.7	1,777.1	1,733.6	2.5
Unemployed	69.2	61.4	12.8	68.1	61.1	11.6
Unemployment Rate	3.8	3.3		3.7	3.3	
NONAGRICULTURAL EMPLOYMENT (Thousands)	1,755.6	1,745.1	0.6	1,780.6	1769.9	0.6
Not seasonally-adjusted						
PRIVATE SECTOR	1,481.5	1,470.0	0.8	1,502.3	1488.6	0.9
GOODS PRODUCING	301.4	301.9	-0.2	305.5	305	0.2
Natural Resources and Mining	10.7	11.3	-5.3	10.9	11.6	-6.0
Construction	137.4	137.5	-0.1	140.8	138.6	1.6
Construction of Buildings	30.6	31.2	-1.9	31.1	30.9	0.6
Heavy and Civil Engineering	12.6	11.9	5.9	13.0	12.5	4.0
Specialty Trade Contractors	94.2	94.4	-0.2	96.7	95.2	1.6
Manufacturing	153.3	153.1	0.1	153.8	154.8	-0.6
Durable Goods	97.0	97.4	-0.4	97.4	98.4	-1.0
Computer and Electronic Products	13.7	13.7	0.0	13.6	13.4	1.5
Transportation and Equipment Manufacturing	19.4	19.4	0.0	19.3	19.9	-3.0
Non-Durable Goods	56.3	55.7	1.1	56.4	56.4	0.0
SERVICES PROVIDING	1,454.2	1,443.2	0.8	1,475.1	1464.9	0.7
Trade, Transportation, and Utilities	310.3	312.0	-0.5	321.5	324.1	-0.8
Wholesale Trade	61.4	60.9	0.8	61.4	62.5	-1.8
Retail Trade	170.0	175.1	-2.9	178.1	182.8	-2.6
Motor Vehicle and Parts Dealers	23.9	24.6	-2.8	24.4	25.3	-3.6
Food and Beverage Stores	27.9	28.0	-0.4	28.5	28.9	-1.4
General Merchandise Stores	36.0	36.3	-0.8	38.3	38.3	0.0
Transportation and Utilities	78.9	76.0	3.8	82.0	78.8	4.1
Utilities	5.2	4.5	15.6	5.1	4.4	15.9
Transportation & Warehousing	73.7	71.5	3.1	76.9	74.4	3.4
Air Transportation	10.0	9.3	7.5	10.2	9.5	7.4
Truck Transportation	20.8	20.5	1.5	21.4	20.8	2.9
Couriers and Messengers	20.6	19.9	3.5	22.9	21.6	6.0
Information	39.6	41.7	-5.0	40.7	41.1	-1.0
Motion Picture and Sound Recording	5.7	5.6	1.8	6.0	5.8	3.4
Publishing Industries	18.7	19.5	-4.1	19.3	19.2	0.5
Telecommunications	4.1	4.6	-10.9	4.2	4.9	-14.3
Internet Service Providers	7.5	8.4	-10.7	7.7	7.7	0.0
Financial Activities	101.6	99.2	2.4	102.8	100.1	2.7
Finance and Insurance	74.8	73.6	1.6	76.1	75.3	1.1
Real Estate and Rental and Leasing	26.8	25.6	4.7	26.7	24.8	7.7
Professional and Business Services	255.5	245.8	3.9	258.3	248	4.2
Professional, Scientific, and Technical Services	137.8	132.0	4.4	138.1	134	3.1
Legal Services	11.4	10.8	5.6	11.5	10.9	5.5
Architectural, Engineering, and Related	22.2	20.8	6.7	22.3	20.8	7.2
Computer Systems Design and Related	35.4	34.8	1.7	36.0	35.6	1.1
Management of Companies and Enterprises	24.3	23.9	1.7	24.1	23.5	2.6
Administrative and Waste Services	93.4	89.9	3.9	96.1	90.5	6.2
Education and Health Services	255.2	249.7	2.2	253.4	252	0.6
Educational Services	60.3	57.9	4.1	59.6	57.3	4.0
Health Services and Social Assistance	194.9	191.8	1.6	193.8	194.7	-0.5
Ambulatory Health Care Services	86.2	86.2	0.0	86.3	86	0.3
Hospitals	44.1	43.1	2.3	43.9	44.6	-1.6
Nursing and Residential Care Facilities	33.0	32.2	2.5	32.4	32.1	0.9
Social Assistance	31.6	31.1	1.6	31.2	32	-2.5
Leisure and Hospitality	172.4	173.3	-0.5	174.9	172.5	1.4
Arts, Entertainment, and Recreation	32.2	32.7	-1.5	32.3	30.5	5.9
Accommodation and Food Services	140.2	140.6	-0.3	142.6	142	0.4
Accommodation	23.4	23.9	-2.1	23.6	22.1	6.8
Food Services and Drinking Places	116.8	116.7	0.1	119.0	119.9	-0.8
Other Services	45.5	46.4	-1.9	45.2	45.8	-1.3
Government	274.1	275.1	-0.4	278.3	281.3	-1.1
Federal Government	36.0	41.1	-12.4	36.9	41.3	-10.7
Federal Defense	16.7	19.1	-12.6	17.1	19.3	-11.4
Other Federal Government	19.3	22.0	-12.3	19.8	22.0	-10.0
State Government	90.6	89.5	1.2	92.7	93.1	-0.4
State Education	51.4	51.8	-0.8	53.5	54.5	-1.8
Other State Government	39.2	37.7	4.0	39.2	38.6	1.6
Local Government	147.5	144.5	2.1	148.7	146.9	1.2
Local Education	82.1	80.9	1.5	83.0	82.8	0.2
Other Local Government	65.4	63.6	2.8	65.7	64.1	2.5

Source: U.S. Bureau of Labor Statistics: Local Area Unemployment Statistics (LAUS); Current Employment Statistics (CES). April 8, 2026

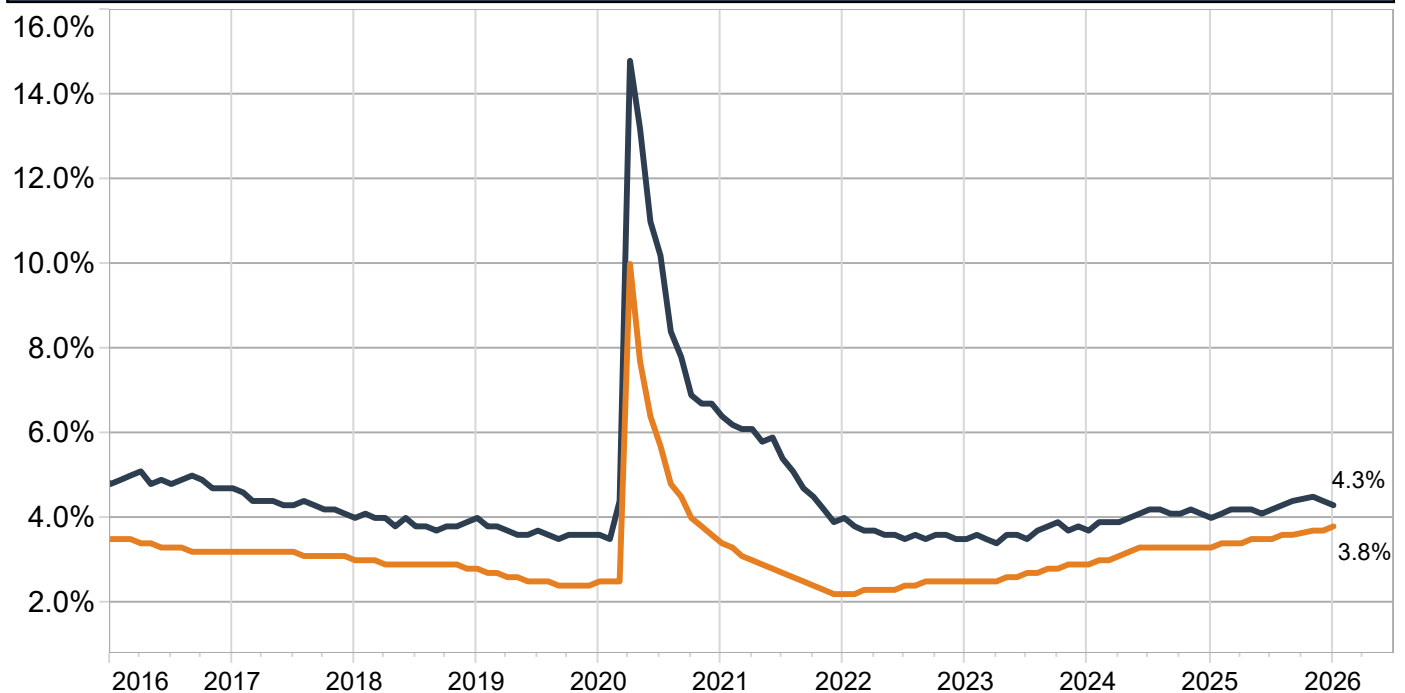
Note: Government owned education, healthcare, etc. are enumerated within Government.

p = preliminary r = revised

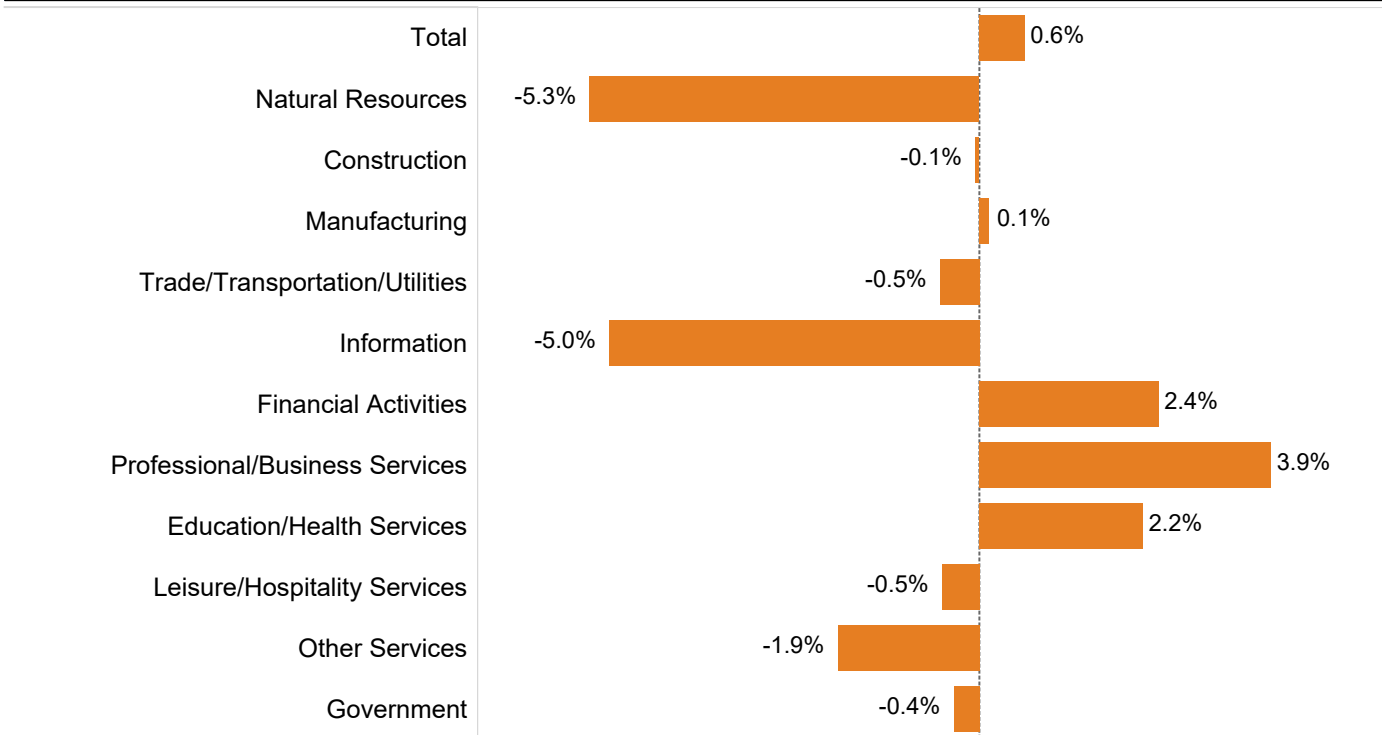
Year-Over Percent Change In Nonfarm Jobs



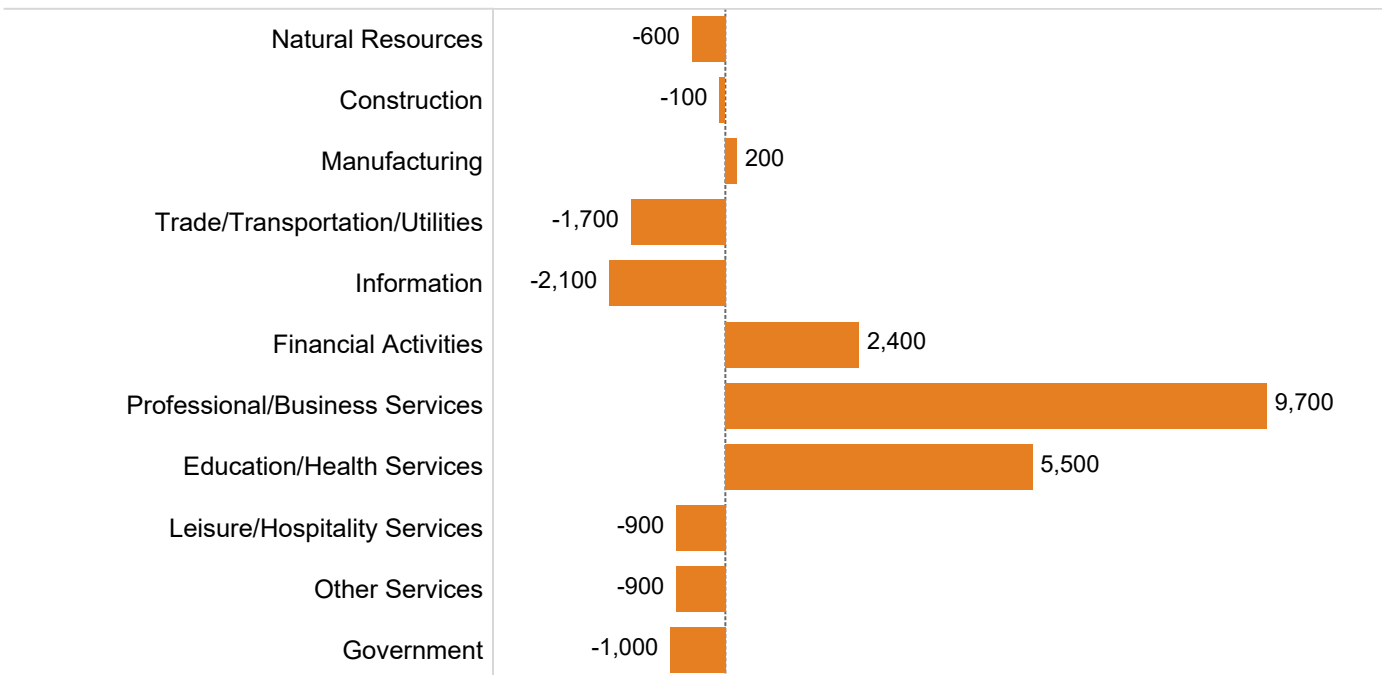
Seasonally Adjusted Unemployment Rates



Utah Nonfarm Industry Profiles January 2025 - 2026 Percent Change



Numeric Change



Source: U.S. Bureau of Labor Statistics

NONFARM EMPLOYMENT IN UTAH'S COUNTIES

	January 2026 <i>Estimate</i>	January 2025 <i>Actual</i>	Percent Change	December 2025 <i>Estimate</i>	December 2024 <i>Actual</i>
BEAVER	3,048	2,684	13.5	3,038	2,623
BOX ELDER	24,128	23,961	0.7	24,360	23,633
CACHE	68,052	67,762	0.4	69,788	69,165
CARBON	8,940	9,024	(0.9)	9,100	9,209
DAGGETT	353	332	6.4	364	338
DAVIS	141,516	141,296	0.2	143,908	144,428
DUCHESNE	9,048	8,928	1.3	9,143	8,940
EMERY	3,690	3,440	7.3	3,723	3,596
GARFIELD	1,933	1,951	(0.9)	2,088	2,021
GRAND	5,484	5,656	(3.0)	6,037	6,278
IRON	27,248	26,379	3.3	28,009	27,079
JUAB	4,630	4,374	5.9	4,668	4,403
KANE	3,777	3,730	1.3	3,950	3,901
MILLARD	4,905	4,930	(0.5)	4,947	5,024
MORGAN	3,752	3,457	8.5	3,774	3,546
PIUTE	263	250	5.2	274	263
RICH	842	862	(2.3)	870	876
SALT LAKE	815,161	807,467	1.0	825,710	818,938
SAN JUAN	4,622	4,514	2.4	4,721	4,563
SANPETE	9,751	9,719	0.3	9,906	9,902
SEVIER	9,730	9,780	(0.5)	9,829	9,880
SUMMIT	35,758	35,695	0.2	34,866	35,036
TOOELE	20,760	20,064	3.5	20,996	20,730
UINTAH	15,683	15,308	2.4	15,835	15,409
UTAH	317,843	311,599	2.0	320,887	314,874
WASATCH	12,599	12,028	4.7	12,911	12,265
WASHINGTON	90,680	88,253	2.7	92,031	89,734
WAYNE	1,111	1,133	(2.0)	1,170	1,163
WEBER	125,763	123,461	1.9	127,226	125,732

Note: Numbers have been left unrounded for convenience rather than to denote accuracy.

Note: County employment estimates are assessed independently of the statewide estimate.

Note: Employment numbers are not seasonally adjusted. Therefore, comparisons of employment levels from one month to the next should not be used as job creation/loss estimates between those months. Seasonal factors could be the reason. For example, employment levels in September are usually higher than in August, as school employment resumes.

Source: Utah Department of Workforce Services, Workforce Research and Analysis, 4/8/2026