

## **Metro and South County** Workshops **May 2024**

Register for reserved seating. Walk-ins welcome.

- Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.
- No-cost workshops are open to all job seekers.
- To register, talk to your Workforce Services employment counselor or go to jobs.utah.gov and click on "Sign In" and "my Job Search" on the top right corner. It will prompt you to login or sign up for a free Job Seeker account if you don't already have one. Registration is preferred.
- Workshops start on time. Late-comers will be asked to reschedule.





★ Metro Employment Center 720 S. 200 E. • Salt Lake City

INTERVIEWING SKILLS:	
May 9	9:00 AM-11:00 AM
*LINKEDIN:	
May 21	9:00 am-11:30 am
PARENTING WITH LOVE AND LOGIC:	
May 23	9:00 AM-4:00 PM



RESUME WRITING:		
May 2	9:00 AM-11:00 AM	
JOB SEARCH STRATEGIES:		
May 15	9:00 am-11:30 am	
HOW TO AVOID FALLING FOR A JERK OR JERKETTE:		
None		

RESUME WRITING: Learn how to write and design a powerful resume and cover letter or power up a current resume to get that interview. This workshop is designed for job seekers who are ready to write a resume and actively job searching.

INTERVIEWING SKILLS: Learn to be confident in an interview, research employers, market your skills and answer questions to enhance interview effectiveness. This workshop includes strategies for virtual and online interviews.

JOB SEARCH STRATEGIES: Learn tools and tips to navigate a successful online job search, including use of electronic job boards, online applications and sending or posting resumes.

\*LINKEDIN: Introduce yourself to your next employer with LinkedIn. You will learn how to create a powerful LinkedIn Profile in 4 steps.

\*Prerequisite — must have an open LinkedIn account that you can access. Basic computer skills required.

HOW TO AVOID FALLING FOR A JERK OR JERKETTE: This is a program for singles of all ages. This fun, free and interactive course teaches singles what to look for in a healthy relationship and how to identify key markers of an unhealthy relationship.

**PARENTING WITH LOVE AND LOGIC:** This is a well-known parenting program that teaches parents usable skills to raise responsible children and have more fun in their parenting role. Topics include teaching responsibility, ending power struggles and more.