

# DSDHH Classes and Presentations for Hearing Loss

*For the Hard of Hearing, Late-Deafened, their Families and Friends.*

All of our classes, presentations and socials are online via Google Meet for the safety of all our participants during the pandemic. You can register for our events by clicking [here](#).

## *Classes*

**Beginning Speechreading/Lipreading** – Part 1: once a week for 9 weeks. Part 2: once a week for 9 weeks. Each class is 90 minute, new people can join in part 2. *Purpose:* Develop communication skills to supplement those with hearing loss.

- The shape of sounds on the lips
- Lipreading techniques
- Non-vocal drills

No book required.

**Introduction to Sign Language** – Once a week for 6 weeks. Each class is 90 minutes long. This is an introduction to basic signs to aid communication for those with hearing loss. It's a slow-paced class in a supportive atmosphere.

- Lessons include: Greetings, time & days, food, colors, clothes and more.

Book required: *Easy Guide to American Sign Language: Learn the Basics Fast* by Lora Heller

**Beginning Sign Language** – Once a week for 14 weeks. Each class is 90 minutes. *Purpose:* Increase communication skills learning American Sign Language (ASL) with English syntax and grammar.

- Lessons include: Time & days, family, clothes, food, emotions, health, health, money & more.
- Learning sign language includes gestures, facial expressions, directionality and classifiers.
- Build a working vocabulary: new signs, review signs learned and practice with conversation.

Book required: *Easy Guide to American Sign Language: Learn the Basics Fast* by Lora Heller

**Conversation Sign Class**– Once a week for 8 weeks, 90 minutes each class. *Purpose:* Use skills learned in the Beginning Sign Language class in a conversational, supportive setting.

***Pre-requisite:*** Beginning Sign Language class or already has a basic sign vocabulary.

- Weekly assigned topics, prepare a conversation to sign in class.
- Improve receptive skills by watching other people sign.
- New signs may be taught during class to promote conversation.

No book required but a sign language dictionary might be helpful.

**Kids Sign** – Once a week for 5 weeks, one hour. *Purpose:* To give kids ages 5 and up another communication tool when talking to hard of hearing family members. We use Pidgin Signed English (PSE) with voice.

- Learn the ABC's and numbers 1 through 20.
- Signs for every day, food, feelings and more.



For more information and to request ADA accommodations, contact 801-657-5200.  
DSDHH is a part of the Department of Workforce Services, Utah State Office of Rehabilitation.

*Equal Opportunity Employer/Program*



**How to Thrive with Hearing Loss** – Once a week for 4 weeks, 90 minutes each class. *Purpose:* Adjust communication habits to improve conversation between those with hearing loss and their hearing partners.

- Symptoms and myths associated with hearing loss.
- Causes behind communication breakdowns & how to effectively respond to them.
- Becoming your own advocate.

No book required.

## *Presentations*

(Can be modified to fit your needs.)

- **Let's Talk About Hearing Loss**: Stats on hearing loss, basic information, and an introduction to our services, 45 minutes to 60 minutes.
- **Buying Hearing Aids**: This presentation is geared for people who are thinking about buying new hearing aids, whether they've worn hearing aids before or not, 90 minutes
- **Getting More From Your Hearing Aids and Cochlear Implants**: Overview on what hearing devices can and cannot do, 60 minutes.
- **Lipreading Basics**: Overview on what lipreading is and is not, 45 to 60 minutes.
- Watch for *new presentations* with various topics related to hearing loss held at the Sanderson Community Center to the Deaf and Hard of Hearing.
- **Tinnitus** –*Purpose:* Increase knowledge and resources to cope with tinnitus, 90 minutes.

## *Workshops & Guest Speakers*

We offer monthly presentations on other topics with guest speakers throughout the year at the Sanderson Community Center and the St. George Southern Utah program locations. Watch our website and Facebook pages for announcements. Contact Chelle Wyatt for more information: chellegeorge@utah.gov or 801-939-3141.

## *Coffee Chat*

Join us Friday's (except holidays) for our informal support group, the Coffee Chat from 10:00 -11:30 AM. It's online via Google Meet so anyone in Utah can join us. No agenda, just people sharing frustrations and success with hearing loss during the pandemic.

***Stay up to date!*** To find out about upcoming classes, presentations and workshops follow us on Facebook at:

<https://www.facebook.com/UtahDeafHHServices>

***Explore*** the Division of Services to the Deaf and Hard of Hearing's website to find out [www.deafservices.utah.gov](http://www.deafservices.utah.gov)

***Subscribe*** to our email blast list on the General Contact page.



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